

## A struggle to survive



*(Rulla Saqer with her daughter, who was born in the first days of the war, and the signs of fatigue and exhaustion on her thin face).*

Name: Rulla Saqer.

Age: 28 years old.

Number of times displaced: 4 times.

Place of residence (before the war):  
Beit Lahiya Project.

Place of residence (after the war):  
Al-Zawaida - Al-Sawarha.

Social status: Married.

Number of family members (before  
the war): 1 member.

Number of family members (after  
the war): 2 members (She gave birth  
to her baby girl on the first day of  
the war).

Level of education: Bachelor of  
Social Studies.

Mrs. Rulla and her young daughter are caught in a difficult struggle because of the ongoing genocide war in the Gaza Strip. Since the war began, Rulla has faced a hard journey of displacement, leaving her tired both physically and emotionally. At first, she sought safety with her family in central Gaza, where they squeezed into a small space with her elderly parents, who have serious disabilities—her father has trouble moving, and her mother cannot see and hear well. Their living conditions are very poor, lacking basic necessities.

The tough situation has taken a toll on Rulla's health, causing her frequent medical issues. As the bombings grew worse, she and her daughter had to flee again, this time to Rafah in southern Gaza. Unfortunately, things were just as bad there, and Rulla had to wait in long lines for food and water. Their survival depended on help from charitable organizations.

But Rulla's troubles didn't end. Another wave of bombings violence forced her to escape Rafah once more, narrowly avoiding danger as she returned to her family. Her main worry was finding a safe place for herself and her daughter, somewhere they could live without fear. Yet the war kept pushing them to run from the horrors around them.

Despite all the hardships, Rulla held onto hope for her four-year-old daughter. She found the strength to start working again, taking a small job to earn a little money. With limited resources, she began baking homemade bread in a traditional clay oven. This tiring work took a toll on her health, as the smoke caused her to get sick often. Still, she felt she had no choice but to continue, driven by the need to provide for her family.

Rulla's struggles also affected her daughter, who was malnourished and lacked basic food, milk, clothing, and other necessities. Every day was a fight for survival as they tried to meet even the most basic needs.



*(The homemade bread that Rulla used to prepare to bear the burden and harshness of life)*

Facing extreme challenges and constant pressure, Rulla kept going, doing everything she could to care for her daughter and facing each day with strong determination, even with their limited resources and the harsh realities of life.