## Death stalks them, and hunger ravages them



(Tahrir Sager baking bread with the help of her young child)

Name: Tahrir Ismail Younis Sager.

Age: 36 years old.

Number of times displaced: 6 times.

Place of residence (before the war): Al-Hasayna - Sea area - near Muqdad Supermarket.

Place of residence (after the war): Al-Hasayna.

Social status: Widow

Number of children: 5 Children. Level of education: High school.

Umm Nidal faced great challenges after losing her husband at the beginning of the war in the Gaza Strip. She had to take on the roles of both mother and father, dealing with the difficulties of being pregnant while worrying about her safety during childbirth amid the ongoing genocide war, where this war destroyed the land, ruining homes, burning trees, and taking many lives,

adding to her burdens many difficulties.

Before the war, Umm Nidal depended on her husband's small income as a fisherman to support their family. However, after his martyrdom, she suddenly had to take care of everything when job opportunities were almost nonexistent. Their home was badly damaged by the bombing, with cracked walls and broken windows. With no money for repairs and no other place to go, she found it hard to keep her children safe, always feeling anxious and afraid of more bombings.

The ongoing attacks, her hidden fears, and her grief for her husband led to the tragic loss of her unborn child. The harsh conditions in Gaza, worsened by the blockade, constant bombings, and a shortage of food, forced her to wait in long lines for aid. She would spend hours hoping to bring home even a little food, water, or essential supplies for her children. This was especially painful for her, as she was not used to this such hardship.



(Tahrir's project in baking and selling bread)

Umm Nidal's mental health worsened when her children began to suffer from malnutrition due to the lack of healthy food. After losing the family's only breadwinner, it became harder for her to find money for their needs. Yet, despite these overwhelming challenges, Umm Nidal refused to give up. The sight of her children inspired her to start a small project that could at least provide some food.

She began making pastries in her damaged home, but her efforts faced obstacles because of high prices and difficulty getting necessary supplies. Still, she pushed on, helped by her 16-year-old son, Nidal, who decided to learn a trade to support her during these tough times.



(Tahrir Saqer, accompanied by her son Nidal, who helps her sell bread)

Despite their hard work, Umm Nidal struggled with worrying thoughts about her children's future. She often wondered how she could give them a good life in such difficult circumstances.

